

Part I: Biopsychosocial Approach to Sport Injury

1. Introduction to Sport Injury Psychology
2. Biopsychosocial Risk Factors of Sport Injury
3. Biopsychosocial Understanding of Sport Injury
4. Cultural, Institutional, and Relational Understanding of Sport Injury
5. Psychosocial Understanding of Sport-related Concussion
6. Psychosocial Understanding of Patellofemoral Pain

Part II: Professional Practice in Sport Injury and Rehabilitation

7. Professional Practice Models in Sport Injury and Rehabilitation
8. Ethical Issues in Sport Injury and Rehabilitation
9. Counselling Skills in Sport Injury and Rehabilitation
10. Psychosocial Assessment and Referral in Sport Injury and Rehabilitation
11. Multicultural Considerations in Sport Injury and Rehabilitation

Part III: Psychosocial Strategies in Sport Injury and Rehabilitation

12. Coping with Sport Injury and Rehabilitation
13. Patient Education in Sport Injury and Rehabilitation
14. Goal Setting in Sport Injury and Rehabilitation
15. Self-talk in Sport Injury and Rehabilitation
16. Relaxation Techniques in Sport Injury and Rehabilitation
17. Imagery in Sport Injury and Rehabilitation
18. Social Support in Sport Injury and Rehabilitation

Part IV: Return to Participation and Transition Out of Sport

19. Return to Sport Participation

20. Transition Out of Sport

21. From Present to Future: Calls for New Paths in Sport Injury Psychology Research