

# **TABLE OF CONTENTS**

Preface xix

Acknowledgments xx

## **CHAPTER 1 Pituitary Gland Therapies 1**

1.1 Cushing's Disease 1

1.2 Acromegaly 10

1.3 Prolactinoma 15

1.4 Adult Growth Hormone Insufficiency 19

1.5 Central Diabetes Insipidus 22

1.6 Syndrome of Inappropriate ADH Secretion 28

## **CHAPTER 2 Thyroid Gland Therapies 43**

2.1 Hashimoto's Thyroiditis 43

2.2 Graves' Disease and Thyroid Eye Disease 51

2.3 Riedel's Thyroiditis 60

2.4 Thyroid Hormone Resistance 61

2.5 TSH-Secreting Tumors 64

2.6 Thyroid Cancer 65

## **CHAPTER 3 Adrenal Gland Therapies 83**

3.1 Primary Adrenal Insufficiency 83

3.2 Primary Hyperaldosteronism 91

3.3 Pheochromocytomas and other Paraganglioma Syndromes 96

3.4 Classic Congenital Adrenal Hyperplasia 103

3.5 Nonclassic Congenital Adrenal Hyperplasia 106

## **CHAPTER 4 Pancreatic Gland Therapies 122**

4.1 Diabetes Mellitus 122

4.2 Neuroendocrine Tumors 148

4.3 Hypoglycemia Syndromes 154

**CHAPTER 5 Parathyroid Gland and Bone Therapies 171**

5.1 Primary Hyperparathyroidism 171

5.2 Hypoparathyroidism 176

5.3 Paget's Disease of Bone 184

5.4 X-Linked Hypophosphatemia 186

5.5 Osteoporosis 189

**CHAPTER 6 Reproductive Organ Therapies 215**

6.1 Polycystic Ovary Syndrome 215

6.2 Male Hypogonadism 230

6.3 Menopause 238

6.4 Turner's Syndrome 242

**CHAPTER 7 Therapies in Disorders of Lipid Metabolism and Obesity 256**

7.1 Hyperlipoproteinemia Syndromes 256

7.2 Obesity 271

7.3 Lipodystrophy Syndromes 280

**CHAPTER 8 Miscellaneous Topics in Disorders of Endocrine Glands 295**

8.1 Recent Technological Advances in Diabetes Care 295

8.2 Immune Checkpoint Inhibitor-Related Endocrinopathies 299

8.3 Pseudoendocrine Conditions 301

8.4 Drugs of Abuse with Endocrine Side Effects 303

**CHAPTER 9 Dynamic Tests in Clinical Endocrinology 313**

9.1 Pituitary Gland 313

9.2 Disorders of the Thyroid Gland 323

9.3 Disorders of the Adrenal Glands 326

9.4 Disorders of the Pancreas 329

9.5 Disorders of the Reproductive Organs 332

**Appendix A 343**

A.1 Cardiovascular Outcome Trials in Diabetes Care 343

A.2 Common Side Effects of Endocrine Treatments (Board Review) 344

A.3 Brand Names of Common Medications in Endocrinology 346

Index 348